# **Rare Disease** Research UK. ::::

## **mTOR Pathway Diseases**

# mTOR Pathway Diseases

Leila Yasmin Ben-Chaabane<sup>1</sup>, Deb Pal<sup>1</sup>, Laura Mantoan-Ritter<sup>1,2</sup>, Frances Elmslie<sup>3</sup>, Sylvine Lalnunhlimi<sup>1</sup>, Charlotte Tye<sup>1</sup>, Joseph Bateman<sup>1</sup>

King's College London<sup>1</sup>, King's College Hospital<sup>2</sup>, St George's University of London<sup>3</sup>

# Background



The mechanistic target of rapamycin (**mTOR**) signalling pathway regulates fundamental cellular processes including growth control, autophagy and metabolism (Figure 1A).

mTOR pathway **hyperactivation causes** 14 diverse, rare, early-onset, hard-totreat genetic diseases affecting 10,000 people in the UK

These diseases include a wide range of symptoms ranging from benign tumours in multiple organs to brain malformations causing epilepsy, each of which is managed in separate, non-coherent medical

*Figure 1*: *mTOR pathways diseases.* (A) The mTOR pathway with rare diseases (shown in red) caused by mutations in specific proteins. (B) The different medical specialities that treat mTOR pathway disease patients. APDS: activated PI3K delta syndrome, BHD:, Birt-Hogg-Dubé FCDIIA/B: focal cortical dysplasia type IIA/B, HME: hemimegalencephaly, LAM: lymphangioleiomyomatosis, ME: megalencephaly, PJS: Peutz-Jeghers syndrome, PMSE: polyhydramnios, megalencephaly and symptomatic epilepsy syndrome, PROS: PIK3CA-related overgrowth spectrum, TSC: tuberous sclerosis complex.

The challenge area is that since mTOR pathway diseases share common molecular mechanisms, clinical phenotypes and drug targets, there is an opportunity to improve diagnosis and outcomes across this disease cluster by connecting disjointed populations basic and translational research resources with clinical, patient and industry stakeholders.

disciplines (Figure 1B).

# Vision and Enabling Science Projects



Figure 2. Purpose, connections and activities of the mTOR Pathway Diseases node.

To benefit from shared expertise in genetic diagnosis, patient registry development, data sharing, and patient and public involvement and engagement (PPIE).

immune, and neurological diseases.



**ENABLING** 

#### Pathways to treatment

1.1. mTOR pathway diseases registry **1.2. mTOR pathway drug-disease database** 

## **2** Understanding mechanisms to

### find new treatments

2.1 mTOR pathway diseases tissue repository and phospho-proteomics 2.2. mTOR pathway diseases PBMC panel and **TSC cerebral organoid model** 

## **3** Improving diagnosis

**3.1. Policy framework proposal** 3.2. mTOR pathway disease test directory panel 3.3. Non-invasive genetic testing for mosaic neurological mTOR pathway diseases



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clinical care and

optimise diagnostic

approaches.

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